ESTWOOD RECREATION DEPARTN



WESTWOOD COMMUNITY CENTER 55 Jefferson Avenue 201-664-7882 E-mail: recreation@westwoodnj.gov



2019 WINTER PROGRAMS

Registration begins on Wednesday, January 2, 2019, at 9:00 am on a first-come, first-served basis on-line at www.westwoodnj.gov or at the Recreation Department. Payment may be made in the form of cash, check, or money order payable to: "Borough of Westwood" Non-Residents may register starting on Monday, January 7th if openings are available for an additional \$25.00. REFUNDS: If you are not 100% satisfied with any of our programs, you will be issued a full refund.

CLOSINGS: Most Recreation Programs are NOT held on Borough Holidays or when the Westwood School System is closed.

INSURANCE: Medical accident coverage is provided as a secondary insurance. If you do not have other insurance, this policy becomes the primary insurer (maximum \$10,000).

CANCELLED PROGRAMS: The Recreation Dept. reserves the right to cancel or alter any program due to insufficient registration or any other logistical reason. Full refunds are given for cancelled programs.

BOROUGH HOLIDAYS: The Recreation Department will be closed on the following dates: Tuesday, January 1st (New Years Day), Monday, January 21st (MLK Day), Monday, February 18th (President's Day) and Friday, April 19th (Good Friday).





CHILDREN'S PROGRAMS

at the Community Center unless noted.



ABRAKADOODLE ART - Explore all things artistic and deliciously sweet through printing, painting, claying, squishing and more. Learn about local artists while painting the most delicious looking cupcakes with frosting and glitter sprinkles. Use clay to sculpt yummy donuts, make a blueberry pie painting, a layered cake and more. Ages 4-7, 3:30-4:30pm; Classes will be held Tuesdays, starting January 15th for <u>8 weeks</u>. Fee: \$150 (includes materials)

AFTERSCHOOL KIDS CLUB - Children in grades 4-5 are welcome to participate in activities such as basketball, air hockey, foosball, kick ball, etc. on Fridays from 3:30-5:00pm, beginning January 18th and ending March 15th. There is no charge for this program, however each child must be registered. Supervision will be provided by Recreation staff.

BALLET/TAP 1- Our pre-schoolers at this age experience an introduction to ballet and tap. These classes are designed to enhance the coordination and creative ability in a child. Available to ages 3 on Thursdays from 4:00–4:45pm beginning January 17th Fee: \$120.00 **BALLET/TAP 1**- Our pre-schoolers at this age experience an introduction to ballet and tap. These classes are designed to enhance the coordination and creative ability in a child. Available to ages 4 on Thursdays from 4:50–5:35pm beginning January 17th Fee: \$120.00 BALLET/TAP 2- This class expands and enhances the children's concept and abilities of the basic techniques of ballet, jazz, and tap using a fun and positive method. Available to grades K-1 on Thursdays from 5:40–6:35pm beginning January 17th Fee: \$120.00 **KIDDIE HOP-** Students have fun dancing to cool beats while simultaneously receiving all the benefits of a cardiovascular workout that Hip Hop dancing has to offer. Available to grades 2-3 on Thursdays from 6:40–7:25pm beginning January 17th Fee: \$120.00

CERAMIC CLASS Children will learn the steps of creating multiple seasonal ceramic pieces (painting, glazing & firing) such as a candy corn container, ornaments & pencil holders. Please bring a smock and a shoe box to class. Classes will be held on Tuesdays beginning Jan. 15th. for 8 weeks Grade 1-6, 3:45-4:45pm. Fee: \$135.00

MOMMY/DADDY & ME- This program will incorporate music, fitness, games, stories, and crafts for children while allowing positive interaction between adults. Classes will be held on Thursdays beginning January 17th with limited enrollment; ages 18-23 months: 9:15-10:15, 24-36 months: 10:30-11:30am. Children must be accompanied by an adult. Fee: \$115.00

PIANO LESSONS for Ages 3-6 - "THE HAPPY PIANO," will be offering classes on Wednesdays, beginning Jan. 16th for 12 weeks for children ages 3-6. Classes are limited to 6 children and an in class keyboard is provided for each child. Ages 3-4; 4 PM and Ages 5-6; 4:30 PM. Visit www.happypiano.com for info Fee: \$239.00 (additional \$35 materials fee for new students)

SOCCER SQUIRTS- An introduction to soccer for children ages 3-5 run by the USSI. Classes are held on Mondays beginning January 14th for 6 weeks. Choose either: 4:30pm or 5:30pm. Fee: \$129.00 Visit www.ussportsinstitute.com for info.

KING 2 DRAGON ROBOT WORKSHOP(NEW) Build and take home your very own robot. King 2 Dragon has an infrared sensor that is programed for several different modes. Upon completion it can move its mouth, illuminate its LED eyes, spread and flap its frill and scurry away to safety on its own. Children will also be able to compete in robotic battles. This 10 week class for children in grades 4-8 begins on Tuesday, January 15th from 4:00-5:00pm. FEE: \$155.00

INDOOR TENNIS LESSONS - TGA Premier Tennis of Bergen County will offer lessons at the Twp. Racquet Club, 620 Pascack Rd, Washington Twp. Classes are full of high energy, physical fitness and educational components. Equipment is provided by TGA. This <u>6-week</u> session will include the following classes on Fridays beginning January 25th: Kind-3rd grade 6-7pm, 4th-8th grade 7-8pm, Fees: Beginner/Intermediate \$170.00

PING PONG Imagine a game which sharpens mental skill, concentration and focus while learning to bring out the best in you while staying healthy. Ping Pong invigorates brain functionality and moves every muscle of a child's developing body. Classes will be held on Fridays from 5-6pm for grades 1-8 beginning January 18th for 8 weeks. Fee: \$110.00

COLORFUL WARRIORS: Yoga & Art - Join us as we explore a combination class of Yoga & Art. This 1hour, 15minute class will combine mindful yoga and creative art. Kids will learn about winter yoga poses and how to help warm the body in the cold winter. Afterwards, kids will get creative using many different materials to create a mix of winter themed art. Classes will be held on Wednesdays starting on Jan 16th for ages 4 and up for 8 weeks 4:15-5:30pm. FEE: \$115.00

KNITTING - Explore the art of knitting! Students will learn basic stitches and as they progress, they will create a small project. All materials will be provided. No experience necessary. Classes will be held on Mondays from 4:30-5:30pm for grades 2-8 beginning January 14th. for 8 weeks. Fee: \$45.00

COLORFUL WARRIORS: TEEN PAINT CLASS - Students will learn how to paint on canvas using acrylic paint. This is a studio art class and will focus on individual abilities. Come express your talents in a fun and creative way! Themes will vary each week. All materials will be supplied. Classes will be held on Mondays from 5:45-7:00pm beginning on January 14th for grades 5-9 for 8 weeks. Fee:\$135.00















WESTWOOD SPORTS ORGANIZATIONS



WESTWOOD BASEBALL ASSOCIATION

The Westwood Baseball Association will hold registration for the Spring season on **Saturday**, **January 12 & Sat. January 19, 9am to 2pm** at the Community Center. For more information or to download forms, visit: www.leaguelineup.com/wwbaseball children in grades Kindergarten through 8th. Are welcome to participate.

WESTWOOD SOFTBALL ASSOCIATION

The Westwood Softball Association will hold registration for the Spring season on Saturday, January 12 & Sat. January 19, 9am-2pm at the Community Center. All girls in grades Kindergarten through 9th are welcome to participate. For more info, visit www.westwoodnjsoftball.org or e-mail westwoodsoftball@gmail.com





ADULT PROGRAMS





RECREATIONAL VOLLEYBALL - A fun yet competitive program, on Monday evenings starting Jan. 14th for 20 weeks at the Middle School from 8-10pm. Men & women of all skill levels from novices-veterans are welcome. **Fee: \$25.00**.

POWER VOLLEYBALL- A more competitive program than Recreational Volleyball; meets on Wednesdays from 8-10 PM at Westwood High School beginning January 16th for 15 weeks. **Fee: \$25.00**

OPEN GYM BASKETBALL - This year—round program meets at the CC on Mondays for 18-29 yrs old and Tuesdays and Thursdays for 30 yrs old & up from 9:30-11:30pm. **Fee: \$40.00 for January 1 - June 30** There is also a FREE Basketball Program for adults 55 and older on Sunday's from 9-10:30am

10 WEEK FITNESS CHALLENGE - The challenge: sticking with your resolution to be a healthier, fitter you. During this 10 week program you will work towards your fitness goals by incorporating both cardio & strength. You'll be stronger, fitter, have more energy, and have better overall health. Classes take place on Tuesdays and Thursdays from 7:15-8pm beginning Jan. 22nd at the CC All levels welcome **Fee: \$100.00**

FOREVER YOUNG PROGRAMS - This FREE year-round program is designed for our mature residents over the age of 55. We offer Cardio Fitness, Yoga, Strength/Conditioning, Pickleball, Basketball, Knitting, Water Color Painting and Maj Jong. We also offer monthly nutritional and bi monthly health seminars. Please pick up a bi-monthly calendar at the Recreation Department or call for more info. Non-residents are welcome to participate for a nominal fee for most of the programs.

WESTVALE PARK

The Borough of Westwood's largest Recreation Complex has it all.

This 30 acre park has the following state of the art facilities:

- 2 Multi-Purpose fields with lights
- 1 official size baseball & 1 official size softball field both w/ lights
- 1 Little League baseball & 1 Jr. Softball field both w/ lights
- Dog Park that features separate areas for large & small dogs
 - Walking / Bicycle Path that measures .6 mile with a connection to Bergen County's Pascack Brook Park
 - Bathroom facilities that are open 7 days a week
- Playground for kids ages 2-12 that is wheelchair accessible
 - 6 picnic tables located under a covered pavilion

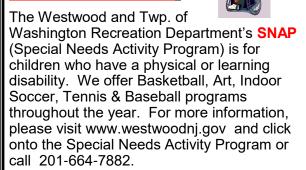
We encourage all of our residents to visit and enjoy this wonderful recreational facility!

DID YOU KNOW ???



Westwood Recreation wants <u>every</u> child to participate!
Scholarships/Discounts are available for most of
our programs and are completely confidential.
Please call Gary Buchheister, Recreation Director
at 201-664-7882 or e-mail
gbuchheister@westwoodnj.gov

RECREATION FOR EVERYONE!





PRE-SCHOOL REGISTRATION



Registration for the 2019-2020 school year will be Tuesday, April 23rd starting at 9:00am. The 4-5 yr old class is 9am-12pm and the 3 yr old class is 12:30pm-2:30pm, Mon., Wed., Fri. Children must be of age as of 10/1/19. For more information, visit www.westwoodnj.gov. Click onto Recreation, then Pre-school.







TEEN CENTER







The Teen Center is available to all Westwood and Twp. of Washington residents in Grades 6-9 at no cost. Staff & adult volunteers coordinate weekly activities and special events on Friday nights from 7:30-10 pm in a fun & safe environment. Basketball, volleyball, ping-pong, billiards, foosball and air hockey are just some of the activities offered. Parents must fill out a registration form at the Recreation Department, on any Friday night or on-line at www.westwoodnj.gov. Refreshments are available for a nominal fee.

WESTWOOD RECREATION DEPARTMENT

Gary Buchheister, Recreation Director Margie McDonough, Administrative Assistant